

**BEING A BLOKE** PETER JANETZKI & MICHAEL KNIGHT

# Being a Bloke

The Essence of Authentic Masculinity

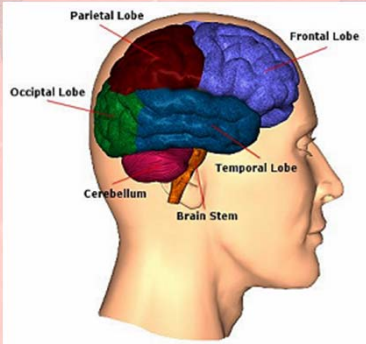
## Community of Men

(Men's Business:  
Real Blokes, Real Mates, Real Community)

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### Our Brain




Labels: Parietal Lobe, Frontal Lobe, Occipital Lobe, Temporal Lobe, Cerebellum, Brain Stem

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### Temporal Lobe = Fire Alarm or the Accelerator




Limbic system = the computer hard drive (storeroom)  
Hippocampus = microprocessor  
Amygdala = warning alarm

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### Frontal Lobe = The Brake or the Voice of Reason



The prefrontal cortex is designed to hold the "power of veto"

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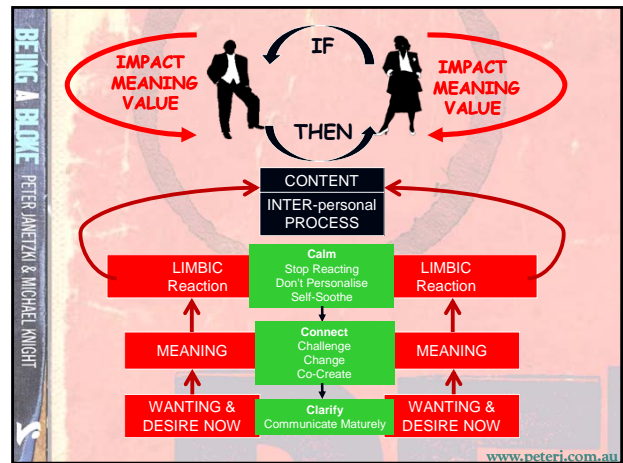
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### Growing Old vs Growing Up!



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REFLECTION & DISCUSSION?

1. What is the next step in you becoming more emotionally mature?
2. What is one area that you can work on back home this next week?

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Community of Men

Doing Men's Business as

Real Blokes

Real Mates

In Real Community

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A Community of Men

IS NOT

- a bunch of guys getting together to encourage one another to behave badly.
- a bunch of guys sharing a common interest that creates some escape from the mundane routine of life.

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A Community of Men

IS

- a space where men enter into authentic relationship with other men and 'do life' together.
- like being in the trenches of war, where your life is in the hands of the blokes either side of you and theirs in yours.
- a place where a man is challenged by other men to be the best that he can be.

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A Community of Men

IS

- a place where a man is not fearful of having his weaknesses and struggles exposed, and to be challenged to be honest and reach his full potential.
- a place where a boy earns his stripes and is acknowledged by the community of men as an authentic man who has taken his place by contributing to his community

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“Let us consider how to stir up one another to love and good works.”

Heb 10:24 ESV


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“Stir” in the Gk is *paroxusmos* = incitement (to good), or dispute (in anger), contention, provoke unto.

The root of *paroxusmos* is *paroxuno*  
= to sharpen alongside, to exasperate, easily provoke.

The root of *paroxuno* is *paraz* = which is to be properly near, beside!




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“Let us consider how to *sharpen, provoke, exasperate and incite* one another to love and good works.”


Heb 10:24

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the Eclectic Society  
1783 - 30+years




John Newton



Richard Johnson




William Wilberforce




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The Inkerlings  
1939-1962



C. S. Lewis




J.R.R. Tolkien



C. S. LEWIS,  
his brother, W.H. Lewis, J.R.R. Tolkien,  
Charles Williams and other friends  
met every Tuesday morning between  
the years 1950-1962 in the back room  
of this their favourite pub. These men,  
popularly known as the 'Inkerlings', met  
here to drink Beer and to discuss,  
among other things, the books they  
were writing.

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Jesus spent 3 years with his community of men and yet one didn't make it!

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**REFLECTION & DISCUSSION?**

1. From the stocktake of the blokes in your life which of these sharpen, provoke, incite you to do good so that you are at your best?
2. In what ways have you built a moat around yourself, preventing other blokes from getting close to you?
3. Who are the blokes that are part of your community of men. In what ways do they challenging, sharpening, provoking, inciting to do good and be the best?
4. What needs to happen to strengthen your community of men?

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